



# The Annual Congress of the European Association for Behavioural and Cognitive Therapies

## Registration is now open

.....and we would love to see you in person in **Barcelona** in **September**



It is time for you to plan to come to Barcelona and join us at this years EABCT Annual Congress. We are optimistic that by September Europe will once again be open and the travel restrictions that have impacted on our Congresses for the past 2 years will be over so we can welcome you to an exciting few days in the sun. Even if you cannot join us in person you will have the opportunity to participate in a major part of the programme which will be available online. The programme is now developing and you can keep up-to-date with progress by visiting the website and signing up for regular updates

register at [EABCT2022.org](http://EABCT2022.org)

### Congress Keynotes

**Anne Maria Albano**, Columbia University, NY, USA  
**Gerhard Andersson**, Linköping University, Sweden  
**James Bennet-Levy**, University of Sydney, Australia  
**Claudi Bockting**, University of Amsterdam, the Netherland  
**Caroline Braet**, Ghent University, the Netherlands  
**Trudie Chalder**, King's College London, UK  
**Ioana Cristea**, University of Pavia, Italy  
**Keith Dobson**, University of Calgary, Canada  
**Todd Farchione**, Boston University, USA  
**Paul Gilbert**, University of Derby, UK  
**Emily Holmes**, Karolinska Institutet, Sweden  
**Tony Morrison**, University of Manchester, UK  
**Omer Van den Bergh**, Leuven, Belgium  
**Carmelo Vazquez**, Complutense University at Madrid, Spain  
**Kerry Young**, Woodfield Trauma Service, London UK

### One day Pre-congress workshops 7th September

<b>A treatment model for anxiety in youth transitioning to adulthood</b> <i>Anne Maria Albano, Columbia University, NY, USA</i>	<b>Effective Strategies to Work with Negative Thinking in Depression</b> <i>Keith Dobson, University of Calgary, Canada</i>
<b>Use of the Internet to provide CBT in 2022</b> <i>Gerhard Andersson, Linköping University, Sweden</i>	<b>The Unified Protocol: Treatment of Emotional Disorders</b> <i>Todd Farchione, Boston University, USA</i>
<b>A self-practice/self-reflection (SP/SR) workshop</b> <i>James Bennet-Levy, University of Sydney, Australia and Tobyn Bell, ,UK</i>	<b>Exploring attachment and caring behaviour in CBT</b> <i>Paul Gilbert, University of Derby</i>
<b>Relapse prevention for depression: Preventive Cognitive Therapy</b> <i>Claudi Bockting, University of Amsterdam, the Netherlands</i>	<b>Cognitive Therapy for Psychosis: Back to Basics</b> <i>Tony Morrison, University of Manchester, UK</i>
<b>Training Emotion Regulation in Children &amp; Adolescents</b> <i>Laura Wante and colleaguest, Ghent University, the Netherlands</i>	<b>Somatic symptoms in psychopathology</b> <i>Omer van den Bergh, Leuven Belgium &amp; Michael Witthöft, Mainz, Germany</i>
<b>How to tackle persistent fatigue</b> <i>Trudie Chalder, King's College London</i>	<b>Using Imagery Techniques to Help People with PTSD</b> <i>Kerry Young, Woodfield Trauma Service, London, UK</i>

### The key submission dates and deadline:

**4th April 2022**  
 Main Call for Papers Closes  
 for symposia, full day and half day In-Congress workshops, panel debates,  
 clinical roundtables  
**25th April 2022**  
 Call for Open Papers and Posters Closes



....and if you are in **Barcelona** in person then don't miss the **Congress Beach Party**