

The Irish Association of Cognitive Behaviour Therapy (IABCP)

Cumann Sícteiripí Iompraíochta agus Cognaíocha na hÉireann

Online workshops

IABCP is running a series of online half-day workshops in advance of the **Annual Congress of the European Association for Behavioural and Cognitive Therapies (EABCT)** that it will be hosting at the International Convention Centre (ICC) in Belfast from 8th – 11th September 2021 in association with the British Association for Behavioural and Cognitive Psychotherapies (BABCP)

Each workshop will be run by a member(s) of the EABCT2021 Congress Scientific Committee and will provide an excellent training opportunity for participants. The online workshops are live and interactive. Delegates will receive a certificate of attendance (3 hours) to contribute towards their continued professional development

Full details of each workshop are available on the EABCT2021 website (EABCT2021.org) where delegates will also be able to register to attend.

The registration fee for each workshop is £35 (40EUR equiv) and there is a reduced rate if delegates book more than one workshop.

8th April

New approaches to trauma and complex grief.

Michael Duffy, Queens University, Belfast, Northern Ireland
and Jennifer Wild, University of Oxford, UK

18th May

Worriers as warriors: CBT strategies for helping young worriers.

Charlotte Wilson, School of Psychology, Trinity College Dublin,
University of Dublin, Ireland

9th June 2021

Addiction: a motivational problem with a cognitive solution.

Frank Ryan, Honorary Clinical Senior Lecturer, The Centre for Mental Health,
Imperial College London, UK

All workshops will run from 9.30 am – 12.30 pm

**EABCT 2021
Annual Congress**

8th-11th September 2021

ICC (International Convention Centre)
Belfast, Northern Ireland

Hosted by the Irish Association of Behavioural
and Cognitive Psychotherapy



Looking forward to a better 2021